

CORNING HEALTHCARE DISTRICT SERVING SOUTHERN TEHAMA COUNTY

CORNING HEALTHCARE DISTRICT
BOARD MEETING
Tuesday November 15, 2016
District conference room
275 Solano Street
Corning Healthcare District Campus
Meeting Inquiries (530) 824-5451

Assistance for those with disabilities; If you have a disability and need accommodation to participate in the meeting, please call Shirley Engebretsen, District Manager, at (530) 824-5451 for assistance so the necessary arrangements can be made.

CALL TO ORDER: 6:00 pm

ROLL CALL: Directors: Patricia Rasmussen, Charles Rouse, Ross Turner, Yvonne Boles, Jan Irvin
District Manager: Shirley Engebretsen

ALSO PRESENT Attorney Andrews

PLEDGE OF ALLEGIANCE

INVITATION TO PUBLIC TO ADDRESS BOARD: If there is anyone in the audience wishing to speak on items not already set on the Agenda, please state your name, and briefly identify the matter you wish to have placed on the Agenda. The Directors will then determine if such matter will be placed on the Agenda for this meeting, scheduled for a subsequent meeting, or recommend other appropriate action. If the matter is placed on tonight's Agenda, you will have the opportunity later in the meeting to discuss the issue. The law prohibits the Directors from taking formal action on the issue, however, unless it is placed on the Agenda for a later meeting so that interested members of the public will have a chance to appear and speak on the subject. There will be a three minute limit on public comments.

ADOPTION OF AGENDA:

MINUTES:

POSTED WEDNESDAY, Nov 9, 2016

FINANCIAL REPORT:

PRESIDENT'S REPORT:

COMMENTS AND REPORTS FROM DIRECTORS:

Pat Rasmussen, Charles Rouse, Ross Turner, Yvonne Boles, Jan Irvin

PROCLAMATION, APPOINTMENTS, RECOGNITIONS, PRESENTATIONS:

1. Election results - installation or appointment of directors

District Manager

COMMUNICATIONS, CORRESPONDENCE, AND INFORMATION:

REGULAR AGENDA:

1. Consider Chico Terrace Health and Wellness Centre – Jessie Melchor
2. Interim Care - Tawnya Shumway –
3. Virginia Hollis baking for seniors
4. Sell of Planter Pots at 175
5. Strategic plan draft
6. Christmas Brunch

ADJOURNMENT:

At the discretion of the Board, all items appearing on this agenda, whether or not expressly listed for action, may be deliberated and may be subject to action by the Board.
All public records relating to an agenda item on this agenda are available for public inspection at the time the record is distributed to all or a majority of all members of the Board. Such records shall be available at the District office located at

**CORNING HEALTHCARE DISTRICT
BOARD OF DIRECTORS MINUTES
Tuesday, Oct 18, 2016
DISTRICT CONFERENCE
275 SOLANO STREET
MEUSER BUILDING, CHD CAMPUS**

CALL TO ORDER: 6:00 p.m.

ROLL CALL: **Directors:**, Charles Rouse, Ross Turner, Yvonne Boles, Jan Irvin

District Manager: Shirley Engebretsen
Absent:

ALSO PRESENT: Attorney Andrews, Don Holden, Karen Burnett,

PLEDGE OF ALLEGIANCE Given

INVITATION TO PUBLIC TO ADDRESS BOARD: given

ADOPTION OF AGENDA: Director Turner made a motion to approve the agenda as presented. The motion was seconded and approved.

MINUTES: Director Turner made a motion to approve the minutes for Sept 20, 2016. Motion was seconded and approved.

FINANCIAL REPORT: Director Yvonne made a motion to approve the financial reports for Sept 2016 as presented. Motion was seconded and approved.

PRESIDENT'S REPORT.

DIRECTORS' REPORT

District Manager

- a. Don Holden, the maintenance manager gave a brief report on the Prevention of Harassment training he received at the CSDA Conference in San Diego
- b. The district manager, Shirley Engebretsen, gave a brief report on attending the California Special District Association conference.
- c. The district manager also gave a brief report on attending the Human Trafficking meeting sponsored by the United States Federal government. She sponsored contacts between Tehama County Health Partnership administration and the administration from the Feather River Hospital.
- d. LEP - The district manager reported that she had received papers from the USDA requiring a policy be instituted for those citizens that have limited English proficiency. She presented to the board said policy.
- e. The district manager also reported that the law was recently passed that requires districts to have a specific Non-discrimination policy based on the government code.

REGULAR AGENDA:

Grant Request - Corning Senior Center

Karen Burnett, director of the Corning Senior Center, presented the need for a new refrigerator and a new freezer. Director Turner made a motion to grant Corning Senior Center \$5000 for a refrigerator and a freezer with the possibility of returning to request additional monies if needed. Motion was seconded and approved.

Fencing East Side of Property

Maintenance manager, Don Holden, presented the need for a fence or other physical protection on the east side of the property. One or more neighborhood residents have regularly driven across the empty lot forming a road that leads to the paved parking lot of the medical clinic. Director Turner made a motion to put in a 4 foot chain-link fence not to exceed \$7500. Motion was seconded and approved.

Policy Manual Review

Director Rouse made a motion to accept the changes to the policy manual as presented. Motion was seconded and approved.

OSHA Compliance Conference

Director Turner motion made a to send the district manager to OSHA training in Redding. Motion was seconded and approved.

Realtor Signs on Corner of Solano And Marguerite will

The subject was tabled indefinitely due to lack of a motion

ADJOURNMENT: 7:20 P.M.

Shirley Engebretsen Ph. D.
District Manager

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, age, disability, religion, sex and familial status. (Not all prohibited bass apply to all programs).

To file a complaint of discrimination, write USDA Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TDD)."

CORNING HEALTHCARE DISTRICT
Profit & Loss
October 2016

	<u>Oct 16</u>
Ordinary Income/Expense	
Income	
checking Interest Money	4.11
RENTALS	8,207.43
	<hr/>
Total Income	8,211.54
Expense	
-MED RECORD-PUR SERV	415.54
ADMIN-LEGAL	2,115.00
ADMIN-OTHER EXPENS	
S. Engebretsen	146.14
ADMIN-OTHER EXPENS - Other	1,436.79
	<hr/>
Total ADMIN-OTHER EXPENS	1,582.93
Communications-Postage	36.00
Communications-Telephone	586.37
EMPLOYEE BEN-HLTH INS.	2,420.46
GEN ACCT-OFFICE SUP	62.20
Grants Provided	5,000.00
Maint-Repair	5,573.88
Payroll Expense	9,730.88
Training	-679.97
UtilLity Electric	3,488.99
Utility Water	546.77
	<hr/>
Total Expense	30,879.05
Net Ordinary Income	-22,667.51
	<hr/>
Net Income	<u><u>-22,667.51</u></u>

CORNING HEALTHCARE DISTRICT
Transaction Detail By Account
October 2016

Type	Date	Num	Name	Clr	Memo	Split	Amount	Balance
ADMIN-OTHER EXPENS								
S. Engebretsen	10/18/16	6396	Engebretsen		mileage misc CSDA conf...	Ra...	146.14	146.14
Check								
Total S. Engebretsen							146.14	146.14
ADMIN-OTHER EXPENS - Other								
Bill	10/03/16		Peerless Bldg Ma...		275 Solano quarterly insid...	Acc...	155.00	155.00
Bill	10/17/16		Battle Creek Pest...		175 solano	Acc...	35.00	190.00
Bill	10/17/16		Battle Creek Pest...		275 Solano	Acc...	45.00	235.00
Bill	10/17/16		Eagle Security Sy...		monitoring and testing 275	Acc...	247.50	482.50
Bill	10/17/16		Eagle Security Sy...		monitoring 175	Acc...	75.00	557.50
Bill	10/17/16		Streamline		Website hosting	Acc...	75.00	632.50
Bill	10/25/16		Rabo Bank		bags and pins or health fa...	Acc...	730.29	1,362.79
Bill	10/31/16		Peerless Bldg Ma...		175 and 275 Solano	Acc...	70.00	1,432.79
Check	10/31/16	20161017a			payroll taxes program	Ra...	4.00	1,436.79
Total ADMIN-OTHER EXPENS - Other							1,436.79	1,436.79
Total ADMIN-OTHER EXPENS								
							1,582.93	1,582.93
TOTAL								
							1,582.93	1,582.93

CORNING HEALTHCARE DISTRICT
Income by Customer Summary
October 2016

	<u>Oct 16</u>
Feather River Hospital	6,224.50
Northern Valley Catholic Social Service -	849.00
Children First	304.93
QUEST DIAGNOSTICS, INC.	829.00
TOTAL	<u>8,207.43</u>

CORNING HEALTHCARE DISTRICT
Expenses by Vendor Summary

October 2016

	<u>Oct 16</u>
Alhambra & Sierra Springs	41.89
Allianz Heating & Air, Inc	1,614.00
At & T U-Verse	166.46
AT&T	209.38
Battle Creek Pest Control	80.00
City of Corning-175 Solano coro 145	67.34
City of Corning-275 Solano coro168	392.29
City of Corning 218 - coro218	87.14
Comcast Business	210.53
Eagle Security Systems	322.50
FC Bickert Company Inc	1,971.00
Hayden Fire Protection	1,033.99
Intuit	4.00
Law Offices of Thomas N. Andrews	2,115.00
Pacific Gas & Electric	3,488.99
Peerless Bldg Maintenanc Corp	225.00
Rabo Bank	376.65
S. Engebretsen	146.14
Special District Risk Management	2,420.46
Streamline	75.00
Waste Management	415.54
TOTAL	<u>15,463.30</u>

10:16 AM
11/09/16
Accrual Basis

CORNING HEALTHCARE DISTRICT
Account QuickReport
As of October 31, 2016

Type	Date	Num	Name	Memo	Split	Amount	Balance	
Capital Improvement 1200003612							24,290.82	
Check	10/17/16	6394	Corning...	USDA loan	Rabo Chec...	6,000.00	30,290.82	
Deposit	10/31/16			Interest	checking In...	0.44	30,291.26	
Total Capital Improvement 1200003612							6,000.44	30,291.26
TOTAL							6,000.44	30,291.26

10:17 AM
 11/09/16
 Accrual Basis

CORNING HEALTHCARE DISTRICT
LAST MONTH'S CHECK BOOK REGISTER
 As of October 31, 2016

Type	Date	Num	Name	Memo	Split
Rabo Checking					
Paych...	10/01/16	6363	Engebretsen, ...		-SPLIT-
Paych...	10/01/16	6364	Holden, Don		-SPLIT-
Bill Pm...	10/01/16	6377	At & T U-Verse	127454452 / 127393133	Accoun...
Bill Pm...	10/03/16	6378	Alhambra & Si...		Accoun...
Bill Pm...	10/03/16	6379	Waste Manag...	533-0000136-0533-2	Accoun...
Deposit	10/03/16			Deposit	-SPLIT-
Paych...	10/15/16	6380	Engebretsen, ...		-SPLIT-
Paych...	10/15/16	6381	Holden, Don		-SPLIT-
Bill Pm...	10/17/16	6382	AT&T	530-824-5451-362 and 530-824-9...	Accoun...
Bill Pm...	10/17/16	6383	Battle Creek P...	34-2046874	Accoun...
Bill Pm...	10/17/16	6384	City of Corning...	CORO145	Accoun...
Bill Pm...	10/17/16	6385	City of Corning...	CORO168	Accoun...
Bill Pm...	10/17/16	6386	City of Corning...		Accoun...
Bill Pm...	10/17/16	6387	Eagle Security...		Accoun...
Bill Pm...	10/17/16	6388	FC Bickert Co...	531785 license	Accoun...
Bill Pm...	10/17/16	6389	Law Offices of ...		Accoun...
Bill Pm...	10/17/16	6390	Pacific Gas & ...		Accoun...
Bill Pm...	10/17/16	6391	Peerless Bldg ...	275 Solano quarterly inside and o...	Accoun...
Bill Pm...	10/17/16	6392	Servicemaster ...	carpet cleaning both buildings	Accoun...
Bill Pm...	10/17/16	6393	Special District...		Accoun...
Check	10/17/16	6394	Corning Health...	USDA loan	Capital ...
Liabilit...	10/17/16	20161017	Electronic Fed...	94-6003824	-SPLIT-
Check	10/18/16	6395	D. Holden	mileage CSDA conference San ...	Maint-R...
Check	10/18/16	6396	S. Engebretsen	mileage misc CSDA conference	S. Eng...
Liabilit...	10/20/16	6397	Edward Jones A	580-97665	-SPLIT-
Liabilit...	10/20/16	6398	Edward Jones B	580-97339	-SPLIT-
Liabilit...	10/24/16	6399	Edward Jones	580-97339	-SPLIT-
Check	10/27/16	6400	Corning Senior...		Grants ...
Liabilit...	10/27/16	6401	Employment D...	VOID: 499-0358-6	-SPLIT-
Liabilit...	10/27/16	6402	Employment D...	499-0358-6	-SPLIT-
Check	10/31/16	201610...	Intuit	payroll taxes program	ADMIN...
Deposit	10/31/16			Interest	checkin...

Total Rabo Checking

TOTAL

10:17 AM
11/09/16
Accrual Basis

CORNING HEALTHCARE DISTRICT
LAST MONTH'S CHECK BOOK REGISTER
As of October 31, 2016

<u>Amount</u>	<u>Balance</u>
	208,333.42
-1,591.57	206,741.85
-1,538.47	205,203.38
-65.00	205,138.38
-25.33	205,113.05
-207.77	204,905.28
17,156.23	222,061.51
-1,591.56	220,469.95
-1,538.48	218,931.47
-209.38	218,722.09
-80.00	218,642.09
-67.34	218,574.75
-392.29	218,182.46
-87.14	218,095.32
-322.50	217,772.82
-1,971.00	215,801.82
-2,115.00	213,686.82
-3,469.05	210,217.77
-155.00	210,062.77
-1,181.50	208,881.27
-2,420.46	206,460.81
-6,000.00	200,460.81
-2,513.52	197,947.29
-684.87	197,262.42
-146.14	197,116.28
-237.68	196,878.60
-172.49	196,706.11
-172.49	196,533.62
-5,000.00	191,533.62
0.00	191,533.62
-1,106.29	190,427.33
-4.00	190,423.33
3.67	190,427.00
<hr/>	<hr/>
-17,906.42	190,427.00
<hr/>	<hr/>
-17,906.42	190,427.00

CORNING HEALTHCARE DISTRICT
LAST MONTH'S CHECK BOOK REGISTER
As of October 31, 2016

Accrual Basis

A	E	H	G	I	J	K	L	M	N	O	P	Q	R	S
Type	Date	Num	Name	Memo	Split	Amount	Balance							
	Rabo Checking						208,333.42							
3	Payc	10/01/2016	6363	Engebreetsen, Shirley I		-1,591.57	206,741.85							
4	Payc	10/01/2016	6364	Holden, Don		-1,538.47	205,203.38							
5	Bill F	10/01/2016	6377	At & T U-Verse	127454452 / 127393133	-65.00	205,138.38							
6	Bill F	10/03/2016	6378	Alhambra & Sierra Springs		-25.33	205,113.05							
7	Bill F	10/03/2016	6379	Waste Management	533-0000136-0533-2	-207.77	204,905.28							
8	Depr	10/03/2016			Deposit	17,156.23	222,061.51							
9	Payc	10/15/2016	6380	Engebreetsen, Shirley I		-1,591.56	220,469.95							
10	Payc	10/15/2016	6381	Holden, Don		-1,538.48	218,931.47							
11	Bill F	10/17/2016	6382	AT&T	530-824-5451-362 and 530-824-9002	-209.38	218,722.09							
12	Bill F	10/17/2016	6383	Battle Creek Pest Control	34-2046874	-80.00	218,642.09							
13	Bill F	10/17/2016	6384	City of Corning-175 Solar	CORO145	-67.34	218,574.75							
14	Bill F	10/17/2016	6385	City of Corning-275 Solar	CORO168	-392.29	218,182.46							
15	Bill F	10/17/2016	6386	City of Corning 218 - coro218		-87.14	218,095.32							
16	Bill F	10/17/2016	6387	Eagle Security Systems		-322.50	217,772.82							
17	Bill F	10/17/2016	6388	FC Bickert Company Inc	531785 license	-1,971.00	215,801.82							
18	Bill F	10/17/2016	6389	Law Offices of Thomas N. Andrews		-2,115.00	213,686.82							
19	Bill F	10/17/2016	6390	Pacific Gas & Electric		-3,469.05	210,217.77							
20	Bill F	10/17/2016	6391	Peerless Bldg Maintenance	275 Solano quarterly inside and outside	-155.00	210,062.77							
21	Bill F	10/17/2016	6392	Servicemaster Clean	carpet cleaning both buildings	-1,181.50	208,881.27							
22	Bill F	10/17/2016	6393	Special District Risk Management		-2,420.46	206,460.81							
23	Che	10/17/2016	6394	Corning Healthcare Distri	USDA loan	-6,000.00	200,460.81							
24	Liab	10/17/2016	20161	Electronic Federal Tax pa	94-6003824	-2,513.52	197,947.29							
25	Che	10/18/2016	6395	D. Holden	mileage CSDA conference San Diego	-684.87	197,262.42							
26	Che	10/18/2016	6396	S. Engebreetsen	mileage misc CSDA conference	-146.14	197,116.28							
27	Liab	10/20/2016	6397	Edward Jones A	580-97665	-237.68	196,878.60							
28	Liab	10/20/2016	6398	Edward Jones B	580-97339	-172.49	196,706.11							
29	Liab	10/24/2016	6399	Edward Jones	580-97339	-172.49	196,533.62							
30	Che	10/27/2016	6400	Corning Senior Center		-5,000.00	191,533.62							
31	Liab	10/27/2016	6401	Employment Developer	VOID: 499-0358-6	0.00	191,533.62							
32	Liab	10/27/2016	6402	Employment Developer	499-0358-6	-1,106.29	190,427.33							
33	Che	10/31/2016	20161	Intuit	payroll taxes program	-4.00	190,423.33							

10:19 AM

11/09/16

Accrual Basis

CORNING HEALTHCARE DISTRICT
LAST MONTH'S CHECK BOOK REGISTER
As of October 31, 2016

	A	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S
	Type	Date	Num	Name	Memo		Split	Amount	Balance							
1	Dep	10/31/2016			Interest		checking Int	3.67	190,427.00							
34																
35																
36	TOTAL							-17,906.42	190,427.00							

**CORNING HEALTHCARE DISTRICT
BOARD MEETING
Tuesday November 15, 2016
District conference room
275 Solano Street
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Meeting Inquiries (530) 824-5451**

Agenda Consider Chico Terrace Health and Wellness Centre – Jessy Melchor

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Agenda Interim Care - Tawnya Shumway –

HOSPITAL

Chico
Terrace

- NEEDS CONTINUED MEDICAL CARE/
CANNOT BE ALONE

Accent

- HOME BOUND MEDICAL CARE





















Interim
Care

- HELP WITH NON MEDICAL CARE

Medicare.gov

Nursing Home Comparisons

Chico CA

Skilled Nursing Facilities	Overall Rating	Health Inspections	Staffing	Quality Measures
<p>Chico Care Center 188 Cohasset Ln. Chico CA 95926 (530)343-6084</p>	 Much Above Average	 Average	 Above Average	 Much Above Average
<p>Riverside 375 Cohasset Rd. Chico CA 95926 (530) 343-5595</p>	 Average	 Average	 Much Below Average	 Much Above Average
<p>Chico Creek 587 Rio Lindo Ave. Chico CA 95926 (530) 345-1306</p>	 Below Average	 Much Below Average	 Above Average	 Average
<p>Twin Oaks Post Acute 1200 Springfield Dr. Chico CA 95928 (530) 342-4885</p>	 Below Average	 Much Below Average	 Above Average	 Below Average
<p>California Park Rehab 2850 Sierra Sunrise Terrace Chico CA 95928 (530) 894-1010</p>	 Below Average	 Much Below Average	 Average	 Much Above Average

Warning Signs

A senior may need help at home

The following is a basic list of signs that indicate an individual may be a candidate for personal care and support home care services. If someone you know has any of the below indications, he or she might benefit from our services. For a complete assessment, visit www.independentlivingassessment.com.



- Recent hospitalization or injury
- Complicated medical issues or medications
- Missing appointments
- Dirty house or clutter piling up (including laundry)
- Spoiled food in fridge or expired food in cabinets
- Stacks of unopened mail or overflowing mailbox
- Late payment notices or mishaps with banking account(s)
- Decreased participation in activities outside the home
- Loss of interest in normal activities or hobbies
- Comments of sadness or loneliness
- Unexplained bruising or potential fall hazards prevalent in the home
- Difficulty walking or balancing
- Infrequent bathing, showering or grooming
- Poor diet or decreased weight
- Unexplained dents or scratches on vehicle or a recent accident
- Changes in mood or extreme mood swings
- Forgetfulness, confusion or memory loss
- Overweight or underweight pets
- Decreased ability to keep up with chores, shopping, cooking, etc.

At Interim HealthCare® we know how important it is to keep people living comfortably and independently in their homes as long as possible. From simple companionship to 24/7 in-home care, we have experience keeping people safe, where they want to be – at home. Visit us online at www.InterimHealthCare.com for more information on our home care services or to view our interactive "Hidden Hazards House" for tips on making a home safer.

Interim
HEALTHCARE®
PERSONAL CARE & SUPPORT SERVICES

 530-899-9777

2060 Talbert Drive
Chico, CA 95928

www.InterimHealthCare.com

Lic#044700003

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CHOICE
in companies for
HOME CARE

The
Best
Choice
is



Interim HealthCare

We are ready to help you.

Why Choose Interim HealthCare?

- We are a licensed Home Care Organization.
- Our caregivers are fingerprinted, bonded & insured.
- Each Interim caregiver receives on-going training that exceeds California standards.
- We provide quality in-home & facility care.
- We coordinate with your Long-Term Care insurance agency.
- We are locally owned & operated since 1996.

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(530) 899-9777

www.InterimHealthCare.com

Lic.# 044700003



*One source for all your home
healthcare needs.*

Types of Services:

- Personal Care such as:
 - Bathing, grooming, dressing
 - Safe transferring & mobility
 - Meal planning & preparation
 - Medication reminders & check vitals
- Homemaking & Companionship such as:
 - Light housekeeping & laundry
 - Assistance with appointments
 - Transportation & Outings
- Transition care from Hospital to Home

About Interim HealthCare®

Interim HealthCare, nationally founded in 1966, is a leading home care, hospice and healthcare staffing company. Interim's more than 300 independently owned and operated franchise locations provide a variety of home health, senior care, hospice, palliative care, pediatric care and healthcare staffing services. Interim HealthCare is unique in combining the commitment of local ownership with the support of a national organization that develops innovative programs and quality standards that improve the delivery of service through franchisees who employ more than 40,000 healthcare workers such as nurses, therapists, aides, companions and other healthcare personnel to approximately 50,000 people daily.

Interim

**CORNING HEALTHCARE DISTRICT
BOARD MEETING
Tuesday November 15, 2016
District conference room
275 Solano Street
Corning Healthcare District Campus
Meeting Inquiries (530) 824-5451**

Agenda

Virginia Hollis - baking for seniors - Virginia Hollis has a business and food distribution license in Corning. She bakes pastries and other items for seniors and delivers them to their homes. She will be giving a presentation on her small business.

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Agenda Sell Planter Pots at 175 Solano st

Virginia Hollis approached me about the planting pots in front of 175 Solano St. She had noticed over a period of years that the planters had been empty. She wondered if the district would like to sell or give them to her.

Pots must be taken care of by the Corning healthcare staff because they are not connected to a drip system the landscapers to not service individual pots.

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Agenda

Strategic plan

Instructions have been given to use the notes from the strategic planning meetings to draft a strategic plan. That document is enclosed..

CORNING HEALTHCARE DISTRICT
P.O. Box 996
Corning, California 96021
Phone (530) 824-5451 Fax (530) 824-5419
crghealth@sbcglobal.net

STRATEGIC BUSINESS PLAN 2016-2021

Introduction:

Corning Healthcare District (CHD) is a public agency that was formed in 1946 (then called Corning Memorial Hospital District). The following Strategic Business Plan 2016-2021 is made to protect the citizens' right to receive health related services through their tax revenues collected for that purpose.

Organizational overview:

CHD Board of Directors

President -
Charles rouse: Vice President
Jan Irvin: Secretary/Treasurer
Ross Turner: director
Yvonne Boles: director

District manager: Shirley Engebretsen

Maintenance Manager: Don Holden

Attorney Advisor: Tom Andrews

Purpose and Focus:

The purpose of this business plan is to protect the ability of Corning Healthcare District to provide directly and/or indirectly health-related services to the Citizens' of the southern part of Tehama County, as was the commission created by the voters

in 1946.

Mission statement:

Corning Healthcare District strives to bring quality healthcare and human services related to health to the south county region in order to facilitate areas of unmet healthcare needs.

Vision Statement:

- To help meet the health services needs of citizens of the district
- To cooperate in conjunction with other agencies to provide services that will allow seniors to stay in their homes
- To cooperate in conjunction with other agencies to provide skilled nursing facilities for the citizens of the district
- To set a standard of excellence as a public agency
- To be respected by other County and private agencies as a cooperative member of the community
- To follow a high standard of stewardship with regard to use of the tax revenue of the citizens of the District

- To maintain all facilities in good working order
- To create an exercise Park for the employees who work on campus
- To sponsor general practitioners and specialists in order to bring their services to the district
- To sponsor the needs of clinics which work in cooperation with the district
- To maintain the professional development and education of the district employees
- To maintain District transparency
- To Sponsor professional speakers
- To cooperate and assist with City and County health-related outreach activities

Success indicators

- **Financial:** The District's primary objective is to safeguard public funds entrusted to us by the citizens of Corning

Healthcare District and ensure that the fiscal integrity of our programs serve as a guide for financial management, policies and goals. This will be accomplished through Savings accounts in Rabo Bank and through Financial Cd ladder investment program through the local Edward Jones office.

- **Operational/Administrative:** The District's primary objective is to maintain professional staff that are familiar with the laws and guidelines of healthcare districts. This will be accomplished through employees attending seminars, trainings and other educational opportunities that are provided through Special District Risk Management, County agencies and/or other professional health related agency trainings.
- **Maintenance:** primary objective is to maintain all facilities in good working order. This will be done by addressing any issues that are brought to managements' attention within 24 hours.
- **Cooperation:** primary objective is to cooperate with other health-related agencies which are endeavoring to bring services to citizens of the district.
- **Educational:** our primary focus in education is to partner with

agencies in bringing health related educational opportunities for the public and/or employees of agencies that provide health services to the citizens of the district.

- **Professional employees:** primary focus of the district employees is to provide excellent service to directors and the citizens of the district. This will be done by continued education as related to health districts, maintenance issues and understanding the needs of the citizens of the district.
- **Directors:** primary focus of directors is to make lawful and educated decisions that will improve the health services to the district, and to maintain cooperative attitude with each other, district employees and representatives of other health-related agencies.

Goals

- **Financial Goals**
 - Maintain a yearly operating budget
 - Maintain reserve funding for
 - Skilled nursing facility
 - Maintenance and infrastructure
 - Exercise park
 - Maintain a budget for grant distribution
 - Distribution of health-related services grants - All grants must meet specific criteria and provide health related services directly or

indirectly to all or a significant segment of the citizens of the district.

- Maintain a Budget for
 - Directors and employees to attend educational events
 - Special speakers
- Provide needed health services to the citizens of the district either directly or indirectly

- **Operational/Administrative: Goals**

- To keep abreast of the educational opportunities provided through California Special District Association, Special District Risk Management, and other educational seminars
- To attend educational opportunities via the web, through local agencies and Special Districts Association's events
- To maintain professional interaction between employees of those agencies who serve the population of the district

- To maintain professionalism between vendors/contractors that provide services on behalf of the district or are in contract with the district

- **Maintenance Goals**
 - Respond to maintenance issues brought to the attention of employees within 24 hours

 - To make necessary repairs as soon as financially and physically possible

 - Maintain the high quality appearance of the buildings and landscaping

 - Have a yearly maintenance plan for infrastructure and exterior appearance

- **Educational Goals**
 - Investigate the need as it relates to special speakers

 - To cooperate with health-related agencies that are located in Tehama, Butte, Shasta, or

other nearby counties in bringing education to citizens and/providers in Tehama County

- Sponsor special speakers for health-related issues such as the seminar on overcoming swallowing and speech difficulties that was conducted in April 2016.

- **Cooperation Goals**

- To attend monthly Elders Services Coordinating Council and Health Partnership meetings
- To be an active partner in the community, by having a representative of the district attending community events
- such as but not limited to Corning in the Evening.
- To cooperate with police in any investigation of violations of the law that negatively affect the community as related to the district

room for seminars and health-related services

- Sponsoring a booth at health fairs and community related events

- **Professional employees: Goals**

- Employees attend webinars, conferences and seminars in order to keep abreast of laws and practices that affect the district. A minimum of two events is expected per year.
- continued education as related to health districts, maintenance issues and understanding the needs of the citizens of the district.
- In order to maintain high quality staff, salaries will be competitive to known salaries of like positions and similar sized districts.
- Salaries will reflect the level of abilities, longevity of each individual employee as well as budget constraints.

- **Directors: Goals**

- Make lawful and educated decisions that will

improve the health services to the citizens of the District

- Maintain professional, respectful communications between other directors and staff members, before, during and between board meetings.
- Read materials sent from California Special District Association
- Be ready for meetings by reading agenda packet materials prior to the meeting

- **One-year Goal**

- **Savings**

- \$20,000 savings for future senior facility
 - \$20,000 infrastructure savings/land development
 - \$40,000 Total

- **Grants**

- \$24,000 senior program
 - \$20,000 open grant

\$44,000 Total

**Net budget \$108,392.70 - (44,000 grants + 40,000 savings) =
\$24,392.70 Net margin**

- **Development**

1. Walking path for all employees on campus

- **Five Year Goals**

- \$100,000 savings future senior facility
- \$100,000 savings infrastructure/ land development

- **Ten Year Goal**

- \$200,000 savings for future senior facility
- \$200,000 savings infrastructure/land development

**CORNING HEALTHCARE DISTRICT
BOARD MEETING
Tuesday November 15, 2016
District conference room
275 Solano Street
Corning Healthcare District Campus
Meeting Inquiries (530) 824-5451**

Agenda

Planning of Christmas brunch

**CORNING HEALTHCARE DISTRICT
BOARD MEETING
Tuesday November 15, 2016
District conference room
275 Solano Street
Corning Healthcare District Campus
Meeting Inquiries (530) 824-5451**

Agenda NVCSS report

I'm including a quarterly report from Northern Valley Catholic Social Service. Elaine has also begun a quarterly newsletter, the first of which is included. The report is not on the agenda. If a director wishes to discuss the items in the report, we can certainly put it on next month's agenda.

Elder Services Newsletter_Autumn2016.pdf

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Gmail

COMPOSE


- Inbox (6)
- Starred
- Sent Mail
- Drafts (1)
- Attorney
- Audit
- CHD
- FRH clinic
-  Shirley

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ELDER SERVICES

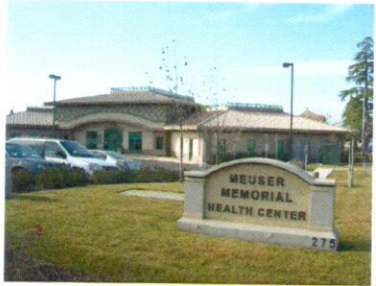


ELDER
Newsletter
Autumn 2016
SAGE

Welcome to the inaugural edition of the NVCSS Elder Services Quarterly Newsletter. We are now in our eighth year of providing information and assistance to the seniors of Tehama County. We offer a variety of workshops on health and nutrition, home and personal safety, Diabetes and Parkinson's Disease support, Medicare counseling through HICAP, and much more! Elder Services is the little program with the BIG heart!

MEUSER MUSINGS

Introducing the Corning Healthcare District



Corning Memorial Hospital closed its doors for good in October 1987 after serving the community for 35 years. Eventually the Corning Memorial Hospital District became the Corning Healthcare District, which is now housed in the Meuser Memorial Health Center at the corner of Marguerite and Solano Streets in Corning. The District oversees the operations of a health complex that offers a variety of services to south county residents, including Quest Diagnostics (a blood draw laboratory), Children First (a counseling center), Tehama County Department of Social Services, Northern Valley Catholic Social Service (home of the Elder Services Program, Immigration Program, and job training in conjunction with CalWorks), and the Corning Health Center, a rural clinic, in collaboration with Feather River Hospital. In upcoming newsletters we will introduce you to the people who make it all happen!

IN THE NEWS


The Aging Paradox

We hear a great deal about the drawbacks of aging -- declining physical health, diminishing cognitive ability, etc. -- but the results of a new study published in the Journal of Clinical Psychology shows "a clear, linear relationship between age and mental health" -- and the good news is: the older we get, the happier we are!

Read the whole story here:
<http://www.latimes.com/science/science-now/la-sci-sn-older-people-happier-20160824-snap-story.html>

Contact information:

NVCSS Elder Services
 Elaine Benwell
 Corning phone: 824-7670
 Red Bluff phone: 528-7949
 Email: elderserviceteh@nvcss.org



**NORTHERN VALLEY
 CATHOLIC SOCIAL SERVICE, INC.**
REACHING OUT IN CARE AND LOVE TO THOSE IN NEED

The first day of **AUTUMN** is September 22.

Symbols of age, longevity, and wisdom

ABOUT ELDER ...

The elder is a tree of beginnings and endings, of birth and death. It represents a spirit of transformation and the crossing of thresholds, often portrayed as an old woman who advises on

Corning Healthcare District Report

Date: September 2016

NUMBERS SERVED

With funds from the Corning Healthcare District, Northern Valley Catholic Social Service **Elder Services Program has provided service to 109 clients from July through September 2016.**

This number includes some outreach events, workshops, phone calls and consultations, referrals, or other kinds of informal help.

HEALTH TALKS

Status

Monthly talks continue to be held at the Corning Senior Center on health-related topics relevant to seniors. Topics as follows:

- July -- Hyperthermia & Electrolytes (gave away two bottles of Smart Water and one cooling towel)
- August -- Emergency Preparedness (gave away backpack / emergency preparedness starter kit)
- September -- Food Safety, gave away a refrigerator temperature gauge

FILE OF LIFE – New order of refrigerator magnets was received and although it was too late to include the magnets in the bags for seniors at the County Fair (see below, under “Community Outreach”), Elaine has begun distributing the magnets. There are also a number of upcoming events (two in October and two in November) where Elaine will make the File of Life available.

HICAP

Counseling continues. Open enrollment for Medicare Part D will begin in mid-October, so Elaine participated in a special training to learn about the new Part D plans, the changes in Medicare, and the reporting database.

PARKINSON’S DISEASE ADVOCACY GROUP:

Parkinson’s support continues to be offered, although the meetings are small.

COMMUNITY OUTREACH

August – Asset Mapping / Strategic Planning for senior services in Tehama County

August -- Versatile Vinegar workshop at Sherwood Manor, Los Molinos

September – Senior Day at the Tehama County Fair

September -- Simple Snacks class at Tehama Village

Elaine regularly attends the Elder Services Coordinating Council meetings to network with other elder service providers and keep abreast of the services currently being offered. Additional special meetings of service providers were organized by the Community Action Agency to assess the range of services throughout Tehama County, identify needs and gaps, and explore ways to close gaps in services. The meetings are ongoing and Elaine expects to be an active participant in upcoming sessions.

Elaine joined with the Commission on Aging to hand out bags with relevant information and free samples to attendees during Senior Day at the County Fair.

Cooking and nutrition classes held at **Sherwood Manor in Los Molinos** and **Tehama Village in Corning** were well-attended.

Since the Diabetes support no longer occurs at **Sherwood Manor**, Elaine was able to incorporate some relevant information into the Versatile Vinegar workshop held in August. This was the first such presentation to be offered at Sherwood Manor and Elaine hopes to offer more classes and workshops there in the future. The Versatile Vinegar workshop was a replica of the one previously offered at Tehama Village. It included a cooking demonstration (Filipino Adobo) and a free gallon of white vinegar to each person who attended.

Elaine offered some ideas for Simple Snacks at **Tehama Village** in September, including Edamame and Tortilla Roll-Ups. Elaine demonstrated how to prepare and serve edamame and presented a variety of ways to create easy but nutritious snacks using whole wheat tortillas (peanut butter/banana, hummus/cucumber, and cream cheese/garlic).

OTHER

Assisted a Corning senior to complete a Care Credit application over the phone so she could purchase a hearing aid

Took a senior woman from Corning shopping for food

Received a donation of several mobility assistive devices (walkers and a cane) and a bath chair

Received a donation of incontinence supplies

Home visit to deliver nutrition and diabetes information for family of diabetic man in Corning

Delivered food from the Tailgate Food Giveaway to seniors in Corning, and Los Molinos

Information and Referral

Elaine frequently receives inquiries regarding health issues and resources. She provides information and practical assistance whenever possible, as well as referrals (not endorsements) to appropriate health service providers when necessary. Elaine has responded to requests for help by providing information and educational material on a variety of health-related topics.

During the months included in this report, Elaine took phone calls and requests from seniors needing help or information on a wide variety of topics, including transportation, hearing loss, diabetes, senior nutrition, kidney disease, counseling and depression, mortgage and low-income housing, in-home help services, grandparents raising grandchildren.

MISSION STATEMENT, VALUES AND OBJECTIVES

Through the above services, the Northern Valley Catholic Social Service Elder Services Program **fulfills the Mission Statement** of the Corning Healthcare District by bringing quality healthcare and human services related to health to the South County region in order to facilitate areas of unmet healthcare needs.

The Elder Services Program at Northern Valley Catholic Social Service is based on care and compassion and **upholds the Values** of the Corning Healthcare District by offering feasible aspects of health service to the community. We believe in fairness, honesty and integrity.

Further, we **meet the Objectives** as stated in the Corning Healthcare District Policy Manual by addressing the health needs of the low income and elderly population of the South County area; by maintaining respectful communications with the Corning Healthcare District and with the clients we serve; by developing and maintaining a public relations program via media and outreach in the community; and by encouraging dialogue and participation from the public.