



Agenda Packet
Corning Healthcare District
Meeting of the Board of Directors
Tuesday October 17, 2023

CORNING HEALTHCARE DISTRICT SERVING SOUTHERN TEHAMA COUNTY

CORNING HEALTHCARE DISTRICT BOARD MEETING

Tuesday October 17, 2023

Corning Healthcare District Campus
275 Solano Street

Video and Phone Conferencing Available
Meeting Inquiries (530) 824-5451

Assistance for those with disabilities and those who wish to participate via teleconferencing.
If you have a disability or wish to join remotely and need accommodation to participate in the meeting, please call Tina E Hale, District Manager, at (530) 824-5451 for assistance so the necessary arrangements can be made.

CALL TO ORDER: 6:00 pm

ROLL CALL: Directors: Yvonne Boles, Valanne Cardenas, Lilia Ramirez, Ross Turner and Pat Hunn
District Manager: Tina E Hale

ALSO PRESENT: District Counsel: Thomas Andrews, Maintenance Supervisor: Mike Smith

PLEDGE OF ALLEGIANCE:

INVITATION TO PUBLIC TO ADDRESS BOARD:

If there is anyone in the audience wishing to speak on items not already set on the Agenda, please state your name, and briefly identify the matter you wish to have placed on the Agenda. The Directors will then determine if such matter will be placed on the Agenda for this meeting, scheduled for a subsequent meeting, or recommend other appropriate action. If the matter is placed on tonight's Agenda, you will have the opportunity later in the meeting to discuss the issue. The law prohibits the Directors from taking formal action on the issue, however, it can be placed on the Agenda for a later meeting so that interested members of the public will have a chance to appear and speak on the subject.

ADOPTION OF AGENDA:

COMMUNICATIONS, CORRESPONDENCE, AND INFORMATION:

-Delcie Strahan of Mercy Foundation North, Teresa Davis, EMS Supervisor, and Roger Page, President of St Elizabeth will give a presentation on St Elizabeth Community Hospital's Ambulance Needs.

ADOPTION OF MINUTES: September 19, 2023 Meeting Minutes

ADOPTION OF FINANCIAL REPORT:

POSTED Thursday, October 12, 2023

PRESIDENT'S REPORT:

COMMENTS AND REPORTS FROM DIRECTORS:

COMMENTS AND REPORTS FROM DISTRICT MANAGER:

COMMENTS AND REPORTS FROM MAINTENANCE DEPARTMENT:

COMMENTS FROM DISTRICT COUNSEL:

REGULAR AGENDA:

-DISCUSSION OF ST ELIZABETH COMMUNITY HOSPITAL AMBULANCE NEEDS

-APPROVAL OF THE CORNING HEALTHCARE DISTRICT BECOMING A MEMBER OF THE LOS MOLINOS CHAMBER OF COMMERCE

-DISCUSSION AND APPROVAL OF THE DECEMBER POTLUCK MEETING

ADJOURNMENT:

INVITATION TO JOIN THE 10-17-23 MEETING OF THE BOARD VIA TELECONFERENCE:

Topic: Corning Healthcare District Board Meeting
Time: Oct 17, 2023 06:00 PM Pacific Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/88266561054?pwd=UHpuSjZLZFJuK2NZNXRDcGVlck9WUT09>

Meeting ID: 882 6656 1054

Passcode: 461766

One tap mobile

+16694449171,,88266561054#,,,,*461766# US

+16699009128,,88266561054#,,,,*461766# US (San Jose)

Dial by your location

- +1 669 444 9171 US
- +1 669 900 9128 US (San Jose)
- +1 346 248 7799 US (Houston)
- +1 719 359 4580 US
- +1 253 205 0468 US
- +1 253 215 8782 US (Tacoma)
- +1 689 278 1000 US
- +1 301 715 8592 US (Washington DC)
- +1 305 224 1968 US
- +1 309 205 3325 US
- +1 312 626 6799 US (Chicago)
- +1 360 209 5623 US
- +1 386 347 5053 US
- +1 507 473 4847 US
- +1 564 217 2000 US
- +1 646 558 8656 US (New York)
- +1 646 931 3860 US

Meeting ID: 882 6656 1054

Passcode: 461766

Find your local number: <https://us02web.zoom.us/j/kdJ90Pbhq4>

At the discretion of the Board, all items appearing on this agenda, whether or not expressly listed for action, may be deliberated and may be subject to action by the Board.

All public records relating to an agenda item on this agenda are available for public inspection at the time the record is distributed to all, or a majority of all members of the Board. Such records shall be available at the District office located at 275 Solano Street, Corning California. This institute is an equal opportunity provider, and employer.

**CORNING HEALTHCARE DISTRICT
BOARD OF DIRECTORS MEETING MINUTES
Tuesday, September 17, 2023
275 SOLANO STREET CONFERENCE ROOM
MEUSER BUILDING, CHD CAMPUS
VIDEO CONFERENCING**

CALL TO ORDER: 6:00 pm

ROLL CALL: **Directors:** Yvonne Boles, Valanne Cardenas, and Pat Hunn present.
Lilia Ramirez and Ross Turner were absent.

ALSO PRESENT: Maintenance Supervisor Mike Smith. District Counsel Thomas Andrews present via teleconference.

DISTRICT MANAGER: Tina E Hale present.

PLEDGE OF ALLEGIANCE: The pledge was given.

INVITATION TO PUBLIC TO ADDRESS BOARD: No public in attendance

ADOPTION OF AGENDA: A motion was made by Director Cardenas to adopt the agenda.
A second was made by Director Hunn. The motion was approved unanimously.

MINUTES: A motion was made by Director Cardenas to adopt the minutes from the previous meetings held on August 15, 2023. A second was made by Director Boles. The motion was approved unanimously.

FINANCIAL REPORT: A motion was made by Director Hunn to adopt the financial reports for August 2023.
A second was made by Director Cardenas. The motion was approved unanimously.

COMMUNICATIONS, CORRESPONDENCE, AND INFORMATION:

PRESIDENT'S REPORT: President Boles inquired about the upcoming Corning in the Evening being hosted by the Corning Healthcare District. It will be held on October 12th at 5:30 pm.

DIRECTOR'S REPORT:

DISTRICT MANAGER: Tina Hale reported that the 2022-2023 Audit has been completed. It went well with no material concerns or issues. She also reported that new thermostats have been installed in 275 Solano Street. These will be monitored and controlled remotely by the District Manager or Maintenance Supervisor. It is anticipated that there will be significant energy savings due to these thermostats.

COMMENTS AND REPORTS FROM MAINTENANCE DEPARTMENT: Mike Smith commented on the effectiveness of the new thermostats. The city inspector gave final approval on the maintenance building.

**CORNING HEALTHCARE DISTRICT
BOARD OF DIRECTORS MEETING MINUTES
pg. 2 Tuesday, September 17, 2023**

REGULAR AGENDA:

-APPROVAL OF A GRANT FOR GOVERNANCE TRAINING FOR THE CORNING SENIOR CENTER

A motion was made by Director Hunn to approve a grant for governance and leadership training for the Corning Senior Center.

A second was made by Director Cardenas. The motion was approved unanimously.

-DISCUSSION OF ST ELIZABETH COMMUNITY HOSPITAL AMBULANCE NEEDS

A discussion was had regarding the needs of the Tehama County ambulance fleet. No action was taken. Representatives of St Elizabeth's Hospital postponed their presentation to the October meeting.

COMMENTS FROM DISTRICT COUNSEL: District Counsel Andrews commented that there are no legal issues relating to the grants currently being considered by the Board of Directors.

ADJOURNMENT: 6:47 PM



Tina E Hale
District Manager

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To file a complaint of discrimination, write USDA Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410 or call (800) 795-3272 (voice) or (202)

**CORNING HEALTHCARE DISTRICT
BOARD MEETING
Tuesday October 17, 2023
District conference room
275 Solano Street
Corning Healthcare District Campus
Meeting Inquiries (530) 824-5451**

September 2023 Financial Report

Corning Healthcare District
P L Budget 2023-2024

	K	L	M	N	O
1	Month	Sep Budget 23	Sep Actual 23	YTD Budget	YTD Actual
2	Investment income	\$1,800.00	\$2,344.76	\$5,400.00	\$7,545.79
3	Checking Interest income	\$2.00	\$0.34	\$6.00	\$2.66
4	Rental Income	\$20,500.00	\$20,787.49	\$61,500.00	\$62,362.47
5	Other Income	\$0.00	\$0.00	\$0.00	\$0.00
6	Assessment Income	\$0.00	\$0.00	\$0.00	\$0.00
7	Total Income	\$22,302.00	\$23,132.59	\$66,906.00	\$69,910.92
8					
9	Payroll Expenses	\$15,800.00	\$15,586.24	\$47,500.00	\$45,306.63
10	Health Insurance	\$4,885.00	\$4,832.24	\$14,655.00	\$14,496.72
11	Workmans comp	\$0.00	\$0.00	\$3,350.00	\$3,343.52
12	Training	\$0.00	\$0.00	\$1,000.00	\$1,161.32
13	Total Employee Expense	\$20,685.00	\$20,418.48	\$66,505.00	\$64,308.19
14					
15	Public Education Material	\$315.00	\$250.94	\$945.00	\$803.06
16	Admin Legal	\$1,333.00	\$0.00	\$3,999.00	\$2,475.00
17	Office Supplies	\$400.00	\$202.91	\$1,200.00	\$950.57
18	Advertising	\$300.00	\$0.00	\$900.00	\$845.00
19	Audit	\$11,000.00	\$0.00	\$11,000.00	\$0.00
20	Election	\$6,500.00	\$0.00	\$13,000.00	\$0.00
21	Admin Other	\$750.00	\$223.06	\$2,250.00	\$1,158.43
22	Total Admin Expenses	\$20,598.00	\$676.91	\$33,294.00	\$6,232.06
23					
24	Electric Utility	\$4,500.00	\$4,964.56	\$13,500.00	\$14,156.16
25	Water	\$530.00	\$568.53	\$1,590.00	\$2,034.81
26	Telecom	\$1,333.00	\$619.94	\$3,999.00	\$2,300.66
27	Garbage	\$300.00	\$267.85	\$900.00	\$803.55
28	Maintenance & Repair	\$2,000.00	\$4,909.66	\$6,000.00	\$9,167.96
29	Outside Services	\$5,750.00	\$3,662.93	\$17,250.00	\$13,521.36
30	Special Projects	\$2,000.00	\$0.00	\$6,000.00	\$1,266.99
31	Fire & Liability Insurance	\$0.00	\$0.00	\$30,800.00	\$30,796.87
32	Total Facility Expense	\$16,413.00	\$14,993.47	\$80,039.00	\$74,048.36
33					
34	Total Expense	\$57,696.00	\$36,088.86	\$179,838.00	\$144,588.61
35					
36	Operating Profit	-\$35,394.00	-\$12,956.27	-\$112,932.00	-\$74,677.69
37					
38	USDA Interest	\$0.00	\$0.00	\$26,633.00	\$26,632.62
39					
40					
41	Net Profit	-\$35,394.00	-\$12,956.27	-\$139,565.00	-\$101,310.31
42					

CORNING HEALTHCARE DISTRICT
Profit & Loss
September 2023

	Sep 23
Ordinary Income/Expense	
Income	
Checking Income-T	0.34
Investment Income-T	2,344.76
Lease Income-T	20,787.49
Total Income	23,132.59
Gross Profit	23,132.59
Expense	
AA-PAYROLL EXPENSE	
Employee Benefit-Hlth Ins-T	4,832.24
AA-PAYROLL EXPENSE - Other	15,586.24
Total AA-PAYROLL EXPENSE	20,418.48
ADMIN EXPENSE	
Admin Other-T	223.06
General Office-T	202.91
Senior Program-T	250.94
Total ADMIN EXPENSE	676.91
FACILITY EXPENSE	
Maintenance-T	4,909.66
Outside Services-T	3,662.93
Utilities-T	
Electricity-T	4,964.56
Garbage-T	267.85
Telecom & IT -T	619.94
Water-T	568.53
Total Utilities-T	6,420.88
Total FACILITY EXPENSE	14,993.47
Total Expense	36,088.86
Net Ordinary Income	-12,956.27
Net Income	-12,956.27

CORNING HEALTHCARE DISTRICT
Balance Sheet
As of September 30, 2023

	Sep 30, 23
ASSETS	
Current Assets	
Checking/Savings	
1 Mechanics Checking-0360	25,701.50
2Capital Improvement USDA-4903	722.87
CalCLASS CHD 1	450,835.08
CalCLASS USDA Reserve	79,962.75
Edward Jones 580-14264-1-1	23,597.88
Petty Cash	100.00
Total Checking/Savings	580,920.08
Accounts Receivable	-1,209.39
Other Current Assets	
Short Term Capital Lease	174,792.92
Total Other Current Assets	174,792.92
Total Current Assets	754,503.61
Fixed Assets	
Bldg Imp	245,402.48
Bldg Imp Accum Dep	-118,180.11
Equipment	279,204.00
Equipment Accum Dep	-18,613.60
Land	20,313.00
Land-Demolition	518,035.56
Land Imp	105,081.20
Land Imp Accum Dep	-105,081.20
Maint Bldg	242,716.64
Maint Bldg Accum Dep	-8,090.57
Med Bldg	3,772,128.76
Med Bldg Accum Dep	-1,509,610.54
Xtended Term Capital Lease	958,384.82
Total Fixed Assets	4,381,690.44
TOTAL ASSETS	5,136,194.05
LIABILITIES & EQUITY	
Liabilities	
Current Liabilities	
Other Current Liabilities	
Accrued Payroll	5,852.00
Interest Payable	22,193.86
Payroll Liabilities	8,949.24
Total Other Current Liabilities	36,995.10
Total Current Liabilities	36,995.10
Long Term Liabilities	
Deferred Lease Inflow	1,099,990.32
Loan Payable - USDA	1,227,300.00
Total Long Term Liabilities	2,327,290.32
Total Liabilities	2,364,285.42
Equity	
2310.00-Fund Bal-Ret Earn	2,557,413.28
Net Assets	316,634.52
Net Income	-102,139.17
Total Equity	2,771,908.63
TOTAL LIABILITIES & EQUITY	5,136,194.05

CORNING HEALTHCARE DISTRICT
Statement of Cash Flows
July 1 through October 13, 2023

	<u>Jul 1 - Oct 13,...</u>
OPERATING ACTIVITIES	
Net Income	-105,531.90
Adjustments to reconcile Net Income to net cash provided by operations:	
Accounts Receivable	<u>273.11</u>
Net cash provided by Operating Activi...	-105,258.79
INVESTING ACTIVITIES	
Bldg Imp	<u>-10,983.85</u>
Net cash provided by Investing Activit...	-10,983.85
FINANCING ACTIVITIES	
Loan Payable - USDA	<u>-26,000.00</u>
Net cash provided by Financing Activi...	<u>-26,000.00</u>
Net cash increase for period	-142,242.64
Cash at beginning of period	<u>719,770.00</u>
Cash at end of period	<u><u>577,527.36</u></u>

CORNING HEALTHCARE DISTRICT
Income by Customer Summary
September 2023

	<u>Sep 23</u>
Tehama County	10,956.44
Adventist Health	6,900.57
Northern Valley Catholic Social Service -	1,301.03
QUEST DIAGNOSTICS, INC.	936.29
Children First Foster Family Agency	397.84
Family Counseling Center	<u>295.32</u>
TOTAL	<u><u>20,787.49</u></u>

CORNING HEALTHCARE DISTRICT
Expenses by Vendor Summary
September 2023

	<u>Sep 23</u>
Alhambra	46.48
At & T U-Verse 127454452	63.49
AT&T 287328850139	184.96
ATT 294290689	263.49
Battle Creek Pest Control	90.00
BAY ALARM	416.59
Bickley's Air Conditioning & Heating	375.00
Business Connections	117.50
City of Corning-175 Solano coro 145	90.77
City of Corning-275 Solano coro168	388.76
City of Corning 218 - coro218	89.00
Corning Chamber of Commerce	25.00
Creative Composition	20.93
Edward Jones A	312.16
Edward Jones B	537.40
Electronic Federal Tax payment System	3,090.56
Employment Development Department	432.51
Express Employment Services	352.56
Mechanics Bank Credit Card	3,118.10
Northern Services-155 Solano	1,895.76
Pacific Gas & Electric	3,962.54
Pacific Gas & Electric-125-9	991.30
Pacific Gas & Electric 129-5	10.72
Peerless Bldg Maintenanc Corp	110.90
Servicemaster Clean	2,562.40
Special District Risk Management	4,832.24
Streamline	84.00
Waste Management	267.85
TOTAL	<u>24,732.97</u>

**CORNING HEALTHCARE DISTRICT
GENERAL OPERATING ACCOUNT**

As of September 30, 2023

Date	Name	Memo	Amount	Balance
1 Mechanics Checking-0360				43,284.29
09/01/23	Bickley's Air Conditio...	155 Split Unit ...	-10,983.85	32,300.44
09/01/23	E. Benwell	mileage 8/1/2...	-82.28	32,218.16
09/01/23		Deposit	964.38	33,182.54
09/01/23		Deposit	295.32	33,477.86
09/01/23	Benwell, Elaine	Paycheck	-918.30	32,559.56
09/01/23	Smith, Mike A	Paycheck	-1,687.50	30,872.06
09/01/23	Engebretsen, Shirley I	Paycheck	-371.49	30,500.57
09/01/23	Hale, Tina E	Paycheck	-2,483.70	28,016.87
09/05/23	AT&T 287328850139	530-824-9010...	-184.96	27,831.91
09/05/23	ATT 294290689	acct #294290...	-263.49	27,568.42
09/08/23	Alhambra	49411161031...	-46.48	27,521.94
09/08/23	At & T U-Verse 1274...	127454452 / 1...	-63.49	27,458.45
09/08/23	Battle Creek Pest C...	34-2046874	-90.00	27,368.45
09/08/23	BAY ALARM	MASTER BIL...	-416.59	26,951.86
09/08/23	Bickley's Air Conditio...	Repair 275 Sp...	-187.50	26,764.36
09/08/23	Business Connections	1331	-117.50	26,646.86
09/08/23	Creative Composition	Checks Mech...	-20.93	26,625.93
09/08/23	Law Offices of Thom...		-1,350.00	25,275.93
09/08/23	Northern Services-1...	75-3120754	-1,895.76	23,380.17
09/08/23	Pacific Gas & Electric	4814920780-4	-3,962.54	19,417.63
09/08/23	Pacific Gas & Electri...	2679716125-9	-991.30	18,426.33
09/08/23	Pacific Gas & Electri...	4586584129-5	-10.72	18,415.61
09/08/23	Peerless Bldg Maint...	window cleani...	-110.90	18,304.71
09/08/23	Servicemaster Clean		-2,562.40	15,742.31
09/08/23	Special District Risk ...		-4,832.24	10,910.07
09/08/23	Streamline	SEPT/OCT	-84.00	10,826.07
09/08/23	Waste Management	533-0000136-...	-267.85	10,558.22
09/08/23		Deposit	19,555.89	30,114.11
09/11/23	Corning Chamber of...	Olive Festival	-25.00	30,089.11
09/11/23		Service Charge	-60.00	30,029.11
09/14/23	Employment Develo...	EFTPMT AU...	-432.51	29,596.60
09/14/23	Electronic Federal T...	IRS USATAX...	-3,090.56	26,506.04
09/15/23	Benwell, Elaine	Paycheck	-717.24	25,788.80
09/15/23	Smith, Mike A	Paycheck	-1,687.51	24,101.29
09/15/23	Engebretsen, Shirley I	Paycheck	-265.35	23,835.94
09/15/23	Hale, Tina E	Paycheck	-2,483.70	21,352.24
09/15/23	Tehama County She...	File #2200014...	-598.82	20,753.42
09/21/23		Deposit	24.00	20,777.42
09/21/23	Bickley's Air Conditio...	Repair 275 Sp...	-187.50	20,589.92
09/21/23	City of Corning-175 ...	CORO145	-90.77	20,499.15
09/21/23	City of Corning-275 ...	CORO168	-388.76	20,110.39
09/21/23	City of Corning 218 -...	8/4/23-9/7/23	-89.00	20,021.39
09/21/23	Express Employmen...	23391192	-352.56	19,668.83
09/21/23	Mechanics Bank Cre...	7/10/23-9/11/23	-3,118.10	16,550.73
09/25/23		Deposit	10,000.00	26,550.73
09/28/23	Edward Jones B	Simple IRA -B	-537.40	26,013.33
09/28/23	Edward Jones A	Simple IRA -A	-312.16	25,701.17
09/30/23		Interest	0.33	25,701.50
Total 1 Mechanics Checking-0360			-17,582.79	25,701.50
TOTAL			-17,582.79	25,701.50

September 2023 Statement

Open Date: 08/10/2023 Closing Date: 09/11/2023



Visa® Business Bonus Rewards Card

[REDACTED]

Elan Financial
Services
BUS 30 ELN

[REDACTED] 1-866-552-8855

CORNING HEALTHCARE (CPN 001455698)

New Balance	\$3,118.10
Minimum Payment Due	\$32.00
Payment Due Date	10/06/2023

Reward Points	
Earned This Statement	3,899
Reward Center Balance as of 09/10/2023	118,014
For details, see your rewards summary.	

Activity Summary		
Previous Balance	+	\$1,609.42
Payments	-	\$1,609.42 ^{CR}
Other Credits		\$0.00
Purchases	+	\$3,118.10
Balance Transfers		\$0.00
Advances		\$0.00
Other Debits		\$0.00
Fees Charged		\$0.00
Interest Charged		\$0.00
New Balance	=	\$3,118.10
Past Due		\$0.00
Minimum Payment Due		\$32.00
Credit Line		\$30,000.00
Available Credit		\$26,881.90
Days in Billing Period		33

RECEIVED
9/18/23

P A I D
9/21/23

Payment Options:



Mail payment coupon
with a check



Pay online at
myaccountaccess.com



Pay by phone
1-866-552-8855

Please detach and send coupon with check payable to: Elan Financial Services CPN 001455698



Bonus Rewards

Rewards Center Activity as of 09/10/2023	
Rewards Center Activity*	0
Rewards Center Balance	118,014

*This item includes points redeemed, expired and adjusted.

Rewards Earned	This Statement	Year to Date
Points Earned on Net Purchases	3,119	16,634
25% Monthly Bonus	780	4,159
Total Earned	3,899	20,793

Points Expiring on 09/30/2023: 8992

For rewards program inquiries and redemptions, call 1-888-229-8864 from 8:00 am to 10:00 pm (CST) Monday through Friday, 8:00 am to 5:30 pm (CST) Saturday and Sunday. Automated account information is available 24 hours a day, 7 days a week.

Important Messages

Paying Interest: You have a 24 to 30 day interest-free period for Purchases provided you have paid your previous balance in full by the Payment Due Date shown on your monthly Account statement. In order to avoid additional INTEREST CHARGES on Purchases, you must pay your new balance in full by the Payment Due Date shown on the front of your monthly Account statement.

There is no interest-free period for transactions that post to the Account as Advances or Balance Transfers except as provided in any Offer Materials. Those transactions are subject to interest from the date they post to the Account until the date they are paid in full.

Congratulations! As a valued cardmember, we are pleased to advise you that we have raised your credit line . Your new credit line appears on this statement.

Transactions SMITH JR MICHAEL Credit Limit \$3000

Post Date	Trans Date	Ref #	Transaction Description	Amount	Notation
Purchases and Other Debits					
08/10	08/08	8629	AIRGAS LLC - WEST W149 RED BLUFF CA	\$2,042.39	_____
08/11	08/10	9013	SOUTH AVENUE ACE HDWE 5308242156 CA	\$191.71	_____
08/16	08/15	9769	SOUTH AVENUE ACE HDWE 5308242156 CA	\$23.81	_____
08/23	08/22	8783	SOUTH AVENUE ACE HDWE 5308242156 CA	\$127.45	_____
08/24	08/23	1760	SOUTH AVENUE ACE HDWE 5308242156 CA	\$4.45	_____
08/25	08/23	4803	CORNING LUMBER - CORNI CORNING CA	\$71.42	_____
09/06	09/05	3329	SOUTH AVENUE ACE HDWE 5308242156 CA	\$22.07	_____
09/07	09/06	6202	CHEVRON 0376788 CORNING CA	\$27.28	_____
09/08	09/07	0015	CORNING CARPET STORE 530-8240311 CA	\$105.06	_____
09/11	09/08	2837	SOUTH AVENUE ACE HDWE 5308242156 CA	\$23.26	_____
Total for Account 4788 5700 6362 6598				\$2,638.90	

Transactions BENWEIL PLAIN						Credit Limit \$1000
Post Date	Trans Date	Ref #	Transaction Description	Amount	Notation	
Purchases and Other Debits						
08/18	08/17	4991	DOLLAR TREE CORNING CA	\$42.66	_____	
08/21	08/18	2625	WAL-MART #1608 RED BLUFF CA	\$32.82	_____	
08/22	08/21	3096	DOLLAR TREE RED BLUFF CA	\$4.03	_____	
08/25	08/23	9014	GOODWILL RED BLUFF RED BLUFF CA	\$19.70	_____	
09/07	09/06	5291	COPY CENTER RED BLUFF CA	\$69.45	_____	
Total for Account 4798 5100 8697 539				\$168.66		

Transactions HALE TINA E						Credit Limit \$20000
Post Date	Trans Date	Ref #	Transaction Description	Amount	Notation	
Purchases and Other Debits						
08/17	08/16	6213	DIGITALSPACE 888-987-7766 NV	\$10.00	_____	
08/18	08/17	8075	Microsoft*Microsoft 36 425-6816830 WA	\$99.99	_____	
08/21	08/19	1612	ZOOM.US 888-799-9666 WWW.ZOOM.US CA	\$15.99	_____	
08/30	08/28	6770	DOLLAR GENERAL 15653 CORNING CA	\$14.16	_____	
08/31	08/30	1628	CVS/PHARMACY #03937 RED BLUFF CA	\$6.40	_____	
09/05	09/02	3207	ITPARTNERS 866-4350666 MI	\$98.00	_____	
09/11	09/08	4536	USPS PO 0517880021 CORNING CA	\$66.00	_____	
Total for Account 4798 5100 8697 539				\$310.54		

Transactions BILLING ACCOUNT ACTIVITY					
Post Date	Trans Date	Ref #	Transaction Description	Amount	Notation
Payments and Other Credits					
08/24	08/22	0201	PAYMENT THANK YOU	\$1,609.42CR	_____
Total for Account 4798 5100 8697 539				\$1,609.42CR	

2023 Totals Year-to-Date	
Total Fees Charged in 2023	\$39.00
Total Interest Charged in 2023	\$27.20

**CORNING HEALTHCARE DISTRICT
 BOARD MEETING**

**CORNING HEALTHCARE DISTRICT
BOARD MEETING
Tuesday October 17, 2023
District conference room
275 Solano Street
Corning Healthcare District Campus
Meeting Inquiries (530) 824-5451**

COMMUNICATIONS, CORRESPONDENCE, AND INFORMATION:

-PRESENTATION - Delcie Strahan of Mercy Foundation North, Teresa Davis, EMS Supervisor, and Roger Page, President of St Elizabeth will give a presentation on St Elizabeth Community Hospital's Ambulance Needs.

-ELDER SERVICES QUARTERLY REPORT – SEPTEMBER 2023

REGULAR AGENDA:

-DISCUSSION OF ST ELIZABETH COMMUNITY HOSPITAL AMBULANCE NEEDS

-APPROVAL OF THE CORNING HEALTHCARE DISTRICT BECOMING A MEMBER OF THE LOS MOLINOS CHAMBER OF COMMERCE

-DISCUSSION AND APPROVAL OF THE DECEMBER POTLUCK MEETING

NUMBERS SERVED

The Corning Healthcare District **Elder Services Program** has provided service to **106 clients from July through September**. This number reflects in-person talks and presentations, referrals, and other kinds of informal help.

HEALTH TALKS

Elaine continues to offer presentations during the congregate lunches at the Corning Senior Center where she shares health and safety information pertinent to seniors. Topics for this quarter were as follows:

- **July – Summer heat safety**
- **August – Nutrition for Older Adults**
- **September – Emergency Preparedness**

In **July** Elaine offered two talks, one at the Corning Senior Center and one at Tehama Village, about staying safe in the summer heat. Since we were in the midst of a heatwave, the topic was most timely. She talked about the importance of hydration, ways to stay hydrated, the role of electrolytes, the symptoms of heat stress, signs of heat stroke, how to avoid it and what to do if it happens. Elaine gave everyone a cooling towel. The raffle prize at both sites was an iced beverage jar with a large box of Lipton iced tea bags. See photos below.

In **August** Elaine chose to talk about the special nutritional needs of older adults. There are a number of factors that contribute to malnutrition in older adults, including: poverty; lack of access to healthy food (either because of distance or mobility problems); low energy levels and lack of convenience (it doesn't take much energy and it's more convenient to throw something pre-prepared into the microwave, but most of those things are highly processed, high in fat, high in sodium, high in useless calories but low in fiber and nutritional value); chronic illness; medications (which can reduce appetite, create cravings for unhealthy food, or change the way food tastes; isolation (eating is a social behavior and eating alone can be discouraging); loss of smell (we lose some of our sense of taste and smell as we age – how we taste food to a large degree depends upon our sense of smell, the bottom line being that if food does not taste good, we don't want to eat it); and finally, poor oral health (missing teeth or ill-fitting dentures can make chewing difficult). Elaine noted that as we age, our nutritional

needs change, we lose muscle mass, bone mass, and have need of fewer calories, so we need to choose our food wisely and make our calories count. Food can help us or hurt us so she encouraged her listeners to "Eat a Rainbow" by selecting fruits and vegetables in a variety of colors. She also briefly discussed probiotics/prebiotics and gut health, so-called "Superfoods" and foods that reduce inflammation. Elaine gave away two insulated lunch boxes. No photos (Elaine was too busy talking).

September was Emergency & Disaster Preparedness Month and October is Fire Safety Month, so in addition to her monthly Health Talk at the Corning Senior Center, Elaine combined the two topics and gave presentations at Tehama Village in Corning, Sherwood Manor in Los Molinos, and by special request, at Villa Columba in Red Bluff (the September Health Talk at the Corning Senior Center focused exclusively on Emergency Preparedness because Fire Safety will be discussed in October and will include a visit from the Corning Fire Chief). At Sherwood Manor, Elaine invited firefighters from the local Fire Department to talk about fire safety. She followed up with a discussion about the different kinds of emergencies that could occur (everything from Active Shooter to Volcanic Eruptions) and how to be prepared (Evacuation vs. Shelter in Place). She offered similar talks in Corning and Red Bluff without the presence of firefighters. Two raffle prizes – an Emergency Preparedness Go Bag and a Home Fire Extinguisher – were given away at each of the three combined workshops and two Emergency Go Bags (one for a woman and one for a man) were raffled off at the Corning Senior Center (where the Home Fire Extinguisher will be October's raffle prize following the Fire Chief's demonstration). See photos below (no pictures of Sherwood Manor winners).

FILE OF LIFE

File of Life was included in the Emergency Go Bags and offered at all of the Emergency Preparedness workshops Elaine did during this quarter.

COMMUNITY OUTREACH

Elaine continues to represent the Corning Healthcare District at events and meetings that affect seniors including (but not limited to) the Elder Services Coordinating Council, the Diversabiity Advocacy Network: the California Food Alliance; and the Commission on Aging.

OTHER

- **Newsletter** – the **Autumn edition** of the CHD Elder Services Newsletter was sent out in early September.
- **Facebook** – Elaine maintained the CHD Facebook page.
- A Facebook page, Corning Ca. Crime Watch & Community info, was created by the manager of Tehama Village following Elaine's suggestion. The purpose of the page is to help residents stay safe by connecting and communicating with one another.

Training and Professional Development Jul/Aug/Sep

- **National Institute on Aging:** Experts at NIA, the National Heart, Lung, and Blood Institute, and CDC's Million Hearts® will talk about heart health and aging. The discussion will cover answers to common questions, including: How does the heart change with age? What is the connection between brain and heart health? What steps can I take to support my overall heart health? 9/12

***NCLER** = National Center on Law and Elder Rights

****CDA** = State of California Department of Aging

*****SMP** = Senior Medicare Patrol in conjunction with any of the following:
California Department of Justice, Bureau of Medi-Cal Fraud and Elder Abuse,
Consumer Protection and Elder Justice, Elder Law & Disability Rights Center.

******NCOA** = National Council on Aging

*******CANHR** = California Advocates for Nursing Home Reform

INFORMATION AND REFERRAL

Elaine frequently receives inquiries regarding health issues and resources. She does not treat, diagnose, prescribe or give medical advice. She provides information only and practical assistance whenever possible, as well as referrals (not endorsements) to appropriate health service providers when necessary. Elaine has responded to requests for help by providing information and educational material on a variety of health-related topics. During the months included in this report, Elaine took inquiries and requests from seniors needing help or information on a variety of topics, including: Caregiving, Telephones and Assisted Hearing Devices, Housing, Medicare.

SUMMARY

During the months included in this report, Elder Services provided health and safety information and community outreach to seniors in Tehama County. In addition, networking was achieved, vital contacts made, and the public profile of the Corning Healthcare District was enhanced.

MISSION STATEMENT, VALUES AND OBJECTIVES

Through the above services, the Elder Services Program **fulfills the Mission Statement** of the Corning Healthcare District by bringing quality healthcare and human services related to health to the South County region in order to facilitate areas of unmet healthcare needs.

The Elder Services Program is based on care and compassion and **upholds the Values** of the Corning Healthcare District by offering feasible aspects of health service to the community. We believe in fairness, honesty and integrity.

Further, we **meet the Objectives** as stated in the Corning Healthcare District Policy Manual by addressing the health needs of the low income and elderly population of the South County area; by maintaining respectful communications with the Corning Healthcare District and with the clients we serve; by developing and maintaining a public relations program via media and outreach in the community; and by encouraging dialogue and participation from the public.

July Health Talk, Summer Heat & Hydration - Corning Senior Center



July Talk, Summer Heat & Hydration - Tehama Village



**July Raffle Prize
(one for the Senior Center and one for Tehama Village)**



July Raffle Prize Winner, Corning Senior Center



August Health Talk, Nutrition for Seniors, Corning Senior Center



September Emergency Preparedness & Fire Safety Workshop, Sherwood Manor, Los Molinos firefighters talk



**September Emergency Preparedness & Fire Safety Workshop, Villa Columba,
Danette Paskaly introduces Elaine**



**September Emergency Preparedness & Fire Safety Workshop, Villa Columba,
Packed House**



**September Raffle Prize Winners, Villa Columba
Home Fire Extinguisher**



Go Bag Starter Kit



September Raffle Prize Winners, Tehama Village



September Raffle Prize Winners, Corning Senior Center



Emergency Preparedness Go Bag Starter Kits



Each Go Bag Starter Kit includes:

Emergency Preparedness information specific to Tehama County

Oral Care Kit (Toothbrush, Toothpaste, Dental Floss)

Hand Towel and Wash Cloth

Cotton Balls & Swabs

Toiletries Travel Kit

Hand Sanitizer

Mylar Blanket

File of Life

First Aid Kit

N-95 Mask

Wet Wipes

Solar Light

Ear Plugs

Eye Mask

Tissues

Comb

Socks

Playing Cards

Puzzle Book

Pen

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BOARD MEETING
Tuesday October 17, 2023
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Meeting Inquiries (530) 824-5451**

REGULAR AGENDA

-DISCUSSION OF ST ELIZABETH COMMUNITY HOSPITAL AMBULANCE NEEDS

Recommendation:

Discuss the ambulance needs of St Elizabeth Community Hospital

**-APPROVAL OF THE CORNING HEALTHCARE DISTRICT BECOMING A MEMBER OF
THE LOS MOLINOS CHAMBER OF COMMERCE**

Recommendation:

Approve joining the Los Molinos Chamber of Commerce

-DISCUSSION AND APPROVAL OF THE DECEMBER POTLUCK MEETING

Recommendation:

Discuss and approve a potluck dinner at the December Board Meeting